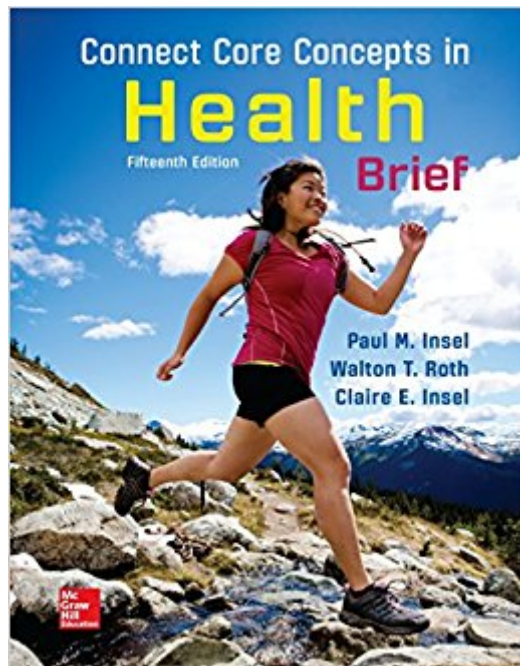




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Connect Core Concepts In Health, BRIEF, Loose Leaf Edition (B&B Health)



Synopsis

Let's focus on the science of Health! Connect Core Concepts in Health integrates innovative learning technologies and the latest scientifically driven information to create a complete instructional system for students and teachers. With up-to-date coverage in every chapter, Connect Core Concepts in Health encourages students to reflect on their choices as a foundation for a healthy life.

Book Information

Series: B&B Health

Loose Leaf: 480 pages

Publisher: McGraw-Hill Education; 15 edition (January 30, 2017)

Language: English

ISBN-10: 125970274X

ISBN-13: 978-1259702747

Product Dimensions: 8.3 x 0.8 x 10.8 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #12,414 in Books (See Top 100 in Books) #27 in Books > Textbooks > Medicine & Health Sciences > Administration & Policy > Public Health #40 in Books > Medical Books > Administration & Medicine Economics > Public Health #2040 in Books > Health, Fitness & Dieting

Customer Reviews

Paul Insel, PhD is Clinical Associate Professor of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine. He has been the principal investigator of numerous NIH studies involving health education, mental health, blood pressure, cardiovascular disease and nutrition. He has authored 14 books and more than 100 articles. Walton T. Roth, M.D., is Professor of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine, and Chief of the Psychiatric Consultation Service at the VA Palo Alto Health Care System. He is author of over 150 research articles about how the body reacts to stress and psychological disorders. His clinical specialties are the treatment of anxiety disorders and psychiatric consultation in the general hospital.

Very easy read - great book with a lot of information on a variety of health and nutrition related

concepts. Perfect for a junior college summer course.

A specific text for introducing core health and wellness concepts; moreover, a great resource for college students. Excellent readability with the chapter summary highlights encompassing most chapter concepts - RN, MPN (Clinical Nurse Instructor)

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